My Fifty Favorite Books

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Please note - My favorite Parenting and Learning about Mormonism Lists are separate and available in my "Learning About Mormonism and Intentional Parenting Resource Lists.

1. The Way of Integrity - Martha Beck (Oprah's life coach and post-Mormon)
2. Untamed - Glennon Doyle
3. The Untethered Soul - Michael A. Singer
4. The Five Levels of Attachment - Don Miguel Ruiz J
5. The Four Agreements - Don Miguel Ruiz Jr.
6. The Fifth Agreement - Don Miguel Ruiz Jr.
7. Lost Connections - Johann Hari
8. Dose of Hope - Dan Engle
9. Braving the Wilderness - Brene Brown
10. Daring Greatly - Brene Brown
11. The Gifts of Imperfection - Brene Brown
12. The Power of Vulnerability - Brene Brown
13. Real Love in Marriage - Greg Baer

14. The Truth about Love and Lies - Greg Baer

15. Falling Upward - Richard Rohr

16. A New Earth - Eckhart Tolle

17. Nonviolent Communication - Marshall Rosenberg

18. Signs, The Secret Language of the Universe - Laura Lynn Jackson

19. The Light Between Us - Laura Lynn Jackson

20. GOD, A Human History - Reza Aslan

21. Sapiens, A Brief History of Humankind - Yuval Noah Harari

22. The Historical Jesus - Bart Ehrman

23. Love Wins - Rob Bell

24. Seat of the Soul - Gary Zukav

25. Conversations with God (all books) - Neale D. Walsch

26. Big Magic - Elizabeth Gilbert

27. Eat, Pray, Love - Elizabeth Gilbert

28. The Demon-Haunted World - Carl Sagan

29. Adult Children of Emotionally Immature Parents - Lindsay C. Gibson

30. Ancient Secrets of a Master Healer - Clint Rodgers

31. Mistakes Were Made, But Not by Me - Carol Tavris

32. Present over Perfect - Shauna Niequist

33. The 5 Second Rule - Mel Robbins

34. The Slight Edge - Jeff Dison

35. Girl Wash Your Face - Rachel Hollis

36. The Sun Does Shine - Anthony Ray Hinton

37. Twelve Years a Slave - Solomon Northup

38. Unbroken - Laura Hillenbrand

39. The Outward Mindset - Arbinger Institute

40. The 7 Habits of Highly Effective People - Stephen Covey

41. The 21 Laws of Leadership - John Maxwell

42. Man's Search for Meaning - Viktor Frankl

43. Educated - Tara Westover

44. The Seven Principles for Making Marriage Work - John Gottman

45. Becoming Cliterate - Laurie B. Mintz

46. Mating in Captivity - Esther Perel

47. Kitchen Table Wisdom , Stories that Heal - Rachel Naomi Remen

48. Intuitive Eating - Evelyn Tribble

49. Life Force - Tony Robbins

50. In Defense of Food - Michael Pollan

51. Why We Sleep - Mathew Walker